

## THE FIFTEENTH ANNUAL GENERAL MEETING and DELEGATES MEETING

**Friday 16<sup>th</sup> October 2026**

14.00-16.30 (arrival from 13.30)

At 'LIFT' 45 White Lion Street, Islington

London, N1 9PW

### AGENDA

|                          |                                                                                                                                                                                                                                                                                                                                                                                                   |
|--------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>13.30-14.00</b>       | <b>Arrival and Registration</b> (coffee etc)                                                                                                                                                                                                                                                                                                                                                      |
| <b>14.00-14.40</b>       | <b>ANNUAL GENERAL MEETING</b> (Annual Report & Accounts issued separately and on the website)                                                                                                                                                                                                                                                                                                     |
| <b>1.</b>                | <b>Confirmation of a Quorum</b>                                                                                                                                                                                                                                                                                                                                                                   |
| <b>2.</b>                | <b>Minutes of the Fourteenth AGM held on 17<sup>th</sup> October 2025</b>                                                                                                                                                                                                                                                                                                                         |
| <b>3.</b>                | <b>Matters Arising</b>                                                                                                                                                                                                                                                                                                                                                                            |
| <b>4.</b>                | <b>To receive and adopt accounts for the period 1<sup>st</sup> September 2025-31<sup>st</sup> August 2026</b><br>Treasurer: John Bent<br>Independent Examiner of Accounts: Jim Jenkins                                                                                                                                                                                                            |
| <b>5.</b>                | <b>To elect Officers and Committee Members to the Executive Committee for the coming year</b> ( <i>see Nominations list previously disseminated</i> )                                                                                                                                                                                                                                             |
| <b>6.</b>                | <b>Resolutions</b>                                                                                                                                                                                                                                                                                                                                                                                |
| <b>7.</b>                | <b>Annual Report –</b><br>to take questions and comments on the issued Annual Report                                                                                                                                                                                                                                                                                                              |
| <b>8.</b>                | <b>AOB – AGM Close</b>                                                                                                                                                                                                                                                                                                                                                                            |
| <b>14.40-14.45</b>       | <b>Comfort Break</b>                                                                                                                                                                                                                                                                                                                                                                              |
| <b>DELEGATES MEETING</b> |                                                                                                                                                                                                                                                                                                                                                                                                   |
| <b>14.45-15.00</b>       | <b>LRU3A Performance Review and Survey:</b> presentation (Val & Derek), includes Support Visit status.                                                                                                                                                                                                                                                                                            |
| <b>15.00-16.15</b>       | <b>Topic: Recruiting</b><br>a) WHY do we need to recruit younger members? HOW do we recruit younger members? 15 minutes FEEDBACK- 5minutes MOVE around<br>b) Committees in Crisis. How do you manage succession planning? 15 minutes FEEDBACK 5 minutes MOVE around<br>c) Review of our Shared Practice Guide 002: Volunteering - how to encourage members to help. 15 minutes FEEDBACK 5 minutes |
| <b>16.15-16.25</b>       | <b>AOB:</b><br>a) Upcoming morning workshops Nov 9th and 30th delivered by <ul style="list-style-type: none"> <li>Helping your u3a to Grow</li> <li>Motivating members to volunteer</li> </ul> b) Anything else ??                                                                                                                                                                                |
| <b>16.25-16.30</b>       | <b>Dates of Delegate Meetings for 2027 (tabled)</b><br>(3rd week of the month, 3 monthly, start time 2.00pm):<br>a. Friday 16 October 2026 with AGM (Face-to-face)<br>b. Tuesday, 12th January 2027<br>c. Chairs Network Day Friday 16th April 2027<br>d. Thursday 15th July 2027                                                                                                                 |

|              |                                     |
|--------------|-------------------------------------|
|              | e. Friday 15th October 2027 (& AGM) |
| <b>16.30</b> | <b>Meeting close</b>                |