

APPENDIX 1 - REPORTS:

EXECUTIVE COMMITTEE MEMBER REPORTS:

Chair's Report - Val Girling

Progress since last meeting February to March 2026:

Social Prescribing: F2F meeting at Chase Farm Hospital with the Memory Team. Several more bookings now with Age UK and other team for social prescribing.

Visits to u3as: Hampstead Garden Suburb Monday March 2nd EC Meeting. Harrow AGM Tuesday March 10th

Planned visits: Abbey Wood Friday March 20th EC Meeting 10am. Hackney Tuesday April 7th EC Meeting

Hillingdon 25th Anniversary Monday June 8th. Sidcup Monday July 6th EC Meeting

Treasurer's Report- John Bent

London Region of u3as
Income and Expenditure
01.09.25 to 10.03.26

Income	
Events Net of Paypal fees	£9,162.86
	£0.00
	£0.00
	£0.00
	£0.00
	£0.00
Income Total	<hr/> £9,162.86
Less	
Expenditure	
Walks & Visits	£2,705.20
Music Day	£3,250.00
AGM	£456.30
Delegates & chairs Meetings	£1,383.99
Zoom Licence & Wufoo	£393.90
Bank Charges	£0.00
Misc	215.2
Expenditure Total	<hr/> £8,404.59

London Region of u3as
Income and Expenditure
01.09.24 to 31.08.25

Income	
Events Net of Paypal fees	£19,109.23
Wellness Day	£1,312.00
CAF Grant	£500.00
Grant Dagenham u3a	£750.00
Zoom Licence LRT TAT Bgt	£719.88
Bank Interest	£40.59
Income Total	<hr/> £22,431.70
Less	
Expenditure	
Walks & Visits	£15,471.20
Wellness Day	£1,053.65
AGM	£469.20
Delegates & chairs Meetings	£1,370.90
Genl Exs	
Zoom Licence	£1,176.03
Bank Charges	£60.00
Misc	£0.00
Expenditure Total	<hr/> £19,600.98

Registered Charity Number 1186441
<https://lru3a.u3asite.uk/>

Surplus/-Deficit 25/26	£758.27
Surplus B/fwd	£12,678.99
Net Surplus / -Deficit	<u>£13,437.26</u>

Surplus/-Deficit 23/24	£2,830.72
Surplus B/fwd	£9,848.17
Net Surplus / -Deficit	<u>£12,678.89</u>

London Region of u3as
Balance Sheet
10.03.26

Assets	
Bank	£10,367.69
Paypal	£3,069.57
Debtors	
Prepaid Cost	£0.00
Creditors	
Net Assets	<u>£13,437.26</u>

London Region of u3as
Balance Sheet
at 31.08.25

Assets	
Bank	£13,771.68
Paypal	£1,265.19
Debtors	
Debtors	Chairs Mt6 27.2.26 £369.60
Prepaid	AGM 17.10.25 £168.00
Creditors	
Prepaid Autumn Walks	-£2,895.48
Net Assets	<u>£12,678.99</u>

Notes

LR Activities in the year to date are much less than in the previous Financial Year.

Events this ytd are Walks, Gallery visits and the Christmas Concert

Events in 2024/2 were Walks and Galleries; AI Day ; Christmas Concert; Gilbert & Sullivan Day ; Wellness Day

This year to date we have already incurred the AGM cost and in person Delegates meeting

LR Zoom licence is substantially reduced.
Bank Balances remain healthy at £13k

Peer Support Groups:

Web Manager & Web Managers PSG - Derek Harwood

Ongoing update of LRU3A website as required.

PSG Web Managers: one meeting held since last report. Various topics covered.

Treasurers PSG - Derek Harwood

No meeting since last report

Public Relations PSG (vacant):

In abeyance as no Coordinator. **Any volunteer to re-start this PSG?**

Chairs Forum / PSG:

See separate report

Communications and Events Team Report- Rikki Wallman

Membership secretary-I continue to contact each u3a after their AGM to get a list of their current committee and any members that have left the committee. This is to ensure the communications get to the right person promptly.

Events- The events team of currently working on the June and July walks and gallery visits

In March we scheduled 13 sessions and for April there are 6-due to Easter and 10 for May, messages for SAVE THE DATES go out to Chairs/Delegates to cascade to membership usually,6 weeks prior to the launch date, hopefully giving each u3a time to publicise the information. Junes events will be advertised around end April. Several sessions have changed their dates due to proposed tube strikes, so we thought it better to rearrange in advance rather than face having to disappoint members and offer refunds

The events for March and April were fully booked very quickly

Direct mailing is sent on launch day to all participants of the walks and gallery visits in 2025 and 2026. This accounts for about 2/3 of the applications the other 1/3 is from their own u3a

We will continue to organise the Brandenburg concert for November but there will be no Wallace Study Day as the contact we had, has left and there was no space in their diary to accommodate u3a in 2026, maybe in 2027.

All details can always be found here [Events - London Region of u3as Network](#)

Report of the London Region Council Representatives

From Jenny Wilson

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I have been in touch with a number of LR u3as and have dates booked for future visits. Having Allan Walmsley (national Chair) and Sam Dukes (Head of Marketing) as the LR Chairs' Networking Day was extremely helpful. Allan said that in his opinion the u3a movement had to work harder to be more connected to the community, although he did not have the time to go into detail. He thinks the movement is too 'introverted'. He worries that we are not attractive to 'younger' retirees. Sam Dukes spoke briefly about a survey (of 2000) to gauge public awareness of the movement. He told me that we must 'own the retired' story and not shy away from the word.

I am part of a small group of Council Reps working on 'Recruitment of Members'. We have been trawling the 'back drawers' to unearth valuable documents and advice with the aim of compiling easy to find resources for all u3as whether new or well established.

From Chris Bulford

For the Council, an interim report from the Recruitment and Retention group, for which I am currently the convener, has been submitted. It remains to be seen what happens next in relation to any action taken on it by the Trust Office. As the Council comes to the end of its first year in operation, there will be a more extensive report on perceptions of how it went in the next report.

A very consistent message coming from a significant number of London u3as, and the London Executive, is dissatisfaction with the "branding" consistently used by the Trust office to describe u3a. A good example is using the word retirement as referenced by Jenny above in relation to the new marketing manager. For reasons which still remain unclear it has proved very difficult to get a dialogue with the Trust office on this.

The creation of Council Representatives has created a new communications channel to individual u3as. Although more relevant to Regions other than London, this will be discussed with the London Executive to see if and how it can be used to add value to the London Network.