

## LONDON REGION u3a PROGRAMME FOR MAY 2026

### WALKS/VISITS FOR u3a MEMBERS

#### **BOOKING NOW**

Continuing the London Region's successful series of guided walks and visits to museums and galleries, we are delighted to present a new programme for May 2026.

These events have been carefully selected for our members. Each walk/visit is organised and led by a qualified guide and lasts between 1.5 - 2 hours.

The events are bookable separately and costs £10.00 each with a maximum of 15 – 20 participants. No refunds.

**Please apply and pay online in advance** – it's quick and easy, saves paper and helps with administration.

**BACs payment:** If you do not wish to pay through the online booking system you may pay by bank transfer to London Region's bank account – details provided by email upon request. Note: this is slower than paying online. Place confirmed only upon receipt of payment.

**Booking/Payment Confirmation:** Your booking and payment confirmations will be sent to you by email on receipt of payment. If you think that you have not received the Booking Confirmation, please check your spam/junk folder before emailing the contact below.

**Please bring your Booking Confirmation and Payment Confirmation with you (paper or 'phone) on the day/s you attend, as this will act as your ticket.**

**Contact for enquiries: [Bookings.lru3a@gmail.com](mailto:Bookings.lru3a@gmail.com)**

## PROGRAMME SUMMARY

See page reference for event details

Date & Time	Event Type	Event Title	Page
Mon 4th May, Bank Holiday 11.00-13.00	Walk	Magical Marylebone	<b>3</b>
Tues 5th May, 11.00-12.30	Visit	Tour of Tate Britain – 500 Years of British Art	<b>4</b>
Thu 7th May, 14.30-16.00	Walk	Parks and Palaces	<b>5</b>
Tues 12th May, 11.00-13.00	Walk	Exploring Albertopolis	<b>6</b>
Tues 12th May, 14.00-16.00	Visit	V & A, The Art of Burial	<b>7</b>
Fri 15th May, 11.00-12.45	Walk	Chelsea Literature Tour – Surprising Tales from the Royal Borough	<b>8</b>
Mon 18 <sup>th</sup> May 11.00-13.00	Walk	Discover Pimlico Date changed from 19 <sup>th</sup> due to proposed tube strike	<b>9</b>
Mon 18th May, 14.00-16.00	Visit	Women in Art at Tate Britain	<b>10</b>
<b>Tues 26th</b> May, 11.00-13.00	Walk	Across the Pond : The London Haunts of some Famous Americans	<b>11</b>

### Notes

Our experienced Guides have noted any significant points for their own walk in the Programme description.

On the day, Guides will brief their groups in more detail about the route and any specific instructions.

However, the following general points apply to all walks:

- A back-marker will be nominated by the Guide to keep an eye on those at the back of the group.
- Guides may be equipped with voice amplification equipment.
- All Guides are qualified and full members of Guiding associations with third party insurance but if Applicants have any issues that the Guide needs to know about, please indicate this in your application form.
- Please wear suitable footwear and clothing; bring drinking water and other essential personal items; coins (50p recommended) for public toilets.

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**WALK FOR u3a MEMBERS****MAGICAL MARYLEBONE****BANK HOLIDAY MONDAY 4th MAY 2026 11.00-13.00****GUIDE: PAUL BAKER**

<b>Time</b>	<b>Session Type</b>	<b>Session Description</b>
<b>11.00-13.00</b>	<b>Walk</b>	<p><b>MEETING PLACE:</b> Meet at Edgware Rd underground station, District, Circle, and Hammersmith &amp; City lines exit on Chapel St (NOT the Bakerloo line exit on Edgware Rd.).</p> <p><b>Walk finishes near Baker St underground station (Bakerloo, Circle, Hammersmith &amp; City, Jubilee and Metropolitan lines).</b></p> <p><b>Suggest participants consult the TFL Step Free tube guide.</b></p> <p><b><u>Description</u></b></p> <p><b>Marylebone retains its delightful village origins, and boasts some of the most beautiful squares in London, of which we'll see four. Our route will also take us past more blue and green plaques than you can throw a Who's Who at; and we'll hear, amongst many other fascinating stories, about a chimneysweep who had a huge role to play in the development of the area.</b></p> <p><b>TO BOOK <a href="#">CLICK HERE</a></b></p> <p><b>Max 20 participants</b></p> <p><b>Cost: £10.00. No refunds.</b></p>
<p><b>Paul Baker:</b> Paul has been a City of London guide for over 20 years. Amongst his specialities are French London (Paul guides in English and French) and the Huguenots, street art, the City of London and the West End and also north London, particularly Paul's own beloved Borough of Barnet, where he's lived for the past 40 years.</p>		

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## VISIT FOR u3a MEMBERS

## TOUR OF TATE BRITAIN – 500 YEARS OF BRITISH ART

TUESDAY 5th MAY 2026 11.00-12.30

GUIDE: DAVID LLOYD

Time	Session Type	Session Description
11.00-12.30	Visit	<p><b>MEETING PLACE:</b> The Atterbury Street entrance of the Gallery.</p> <p><b>Nearest Underground Stations - Pimlico on Victoria Line (8 minutes walk); Vauxhall on Victoria Line and SW National Rail (12 minutes walk).</b></p> <p><b>Suggest participants consult the TFL Step Free tube guide.</b></p> <p><b><u>Description</u></b></p> <p><b>The Tour covers the period from 16<sup>th</sup> century to the present. We look at both paintings and sculptures; at portraits, landscapes and history paintings. Movements like the Pre-Raphaelites, Abstraction, the Vorticists, Pop Art and Conceptual Art will be encountered. Be prepared to be delighted, shocked and puzzled!</b></p> <p><b>There are occasional changes to what is on display due to loans to other galleries and curatorial decisions; so there has to be flexibility and vigilance on the part of guide!</b></p> <p><b>TO BOOK <a href="#">CLICK HERE</a></b></p> <p><b>Max 15 participants</b></p> <p><b>Cost: £10.00. No refunds.</b></p>
<p><b>David Lloyd:</b> Studied History at the Universities of Bristol, Liverpool and UCL. He taught History and Law for many years in London. He has guiding qualifications from the City of London, the City of Westminster and the Borough of Camden. In addition to Tate Britain he also guides at Trinity House, the Guildhall Art Gallery and the Foundling Museum as well as leading history and literary walks in the capital. He is also a tutor to trainee London guides.</p>		

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**WALK FOR u3a MEMBERS****PARKS & PALACES****THURSDAY 7<sup>TH</sup> MAY 2026 14.30-16.00 (afternoon)****GUIDE: MARY ENRIGHT**

Time	Session Type	Session Description
14.30-16.00	Walk	<p><b>MEETING PLACE:</b> The Buckingham Palace exit from Green Park Statio goes straight into the park. Meet by the statue of the Goddess Diana</p> <p><b>Nearest underground:</b> Victoria, Piccadilly and Jubilee Lines). Buses 9, 14, 19, 23, 38 stop nearby.</p> <p>The walk can finish for refreshment in the attractive cafe in St James's Park, or at St James's Park underground station (Circle and District Lines). Refreshments at your own expense.</p> <p><b>Suggest participants consult the TFL Step Free tube guide.</b></p> <p><b>Description</b> This walk takes us on a tranquil stroll through green and grand streets and open spaces in central London that are steeped in history, fascinating connections and interesting stories. See aristocratic mansions, exclusive, well concealed residential enclaves, stunning flower-beds and some great views.</p> <p><b>TO BOOK <a href="#">CLICK HERE</a></b></p> <p><b>Max 18 participants</b> <b>Cost: £10.00. No refunds.</b></p>

**Mary Enright** has lived in London since 1989 and has been a Westminster resident since 1996. Her devotion to the borough has grown and flourished over the years, especially since she worked for Westminster Council and trained as a Westminster Guide (2018). She is familiar with every street, landmark and lane and loves an opportunity to show these off to others. She has designed, researched and led almost 20 distinct and different walks in Westminster, covering every corner and neighbourhood, from St John's Wood to Pimlico, Maida Vale to Mayfair, Bayswater to Soho. Professionally she also leads well received guided tours for visitors around royal London, historic London, and speciality walks such as 'In Churchill's Footsteps'.

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**WALK FOR u3a MEMBERS****EXPLORING ALBERTOPOLIS****TUESDAY 12<sup>TH</sup> MAY 2026 11.00-13.00 (morning)****GUIDE: MARILYN GREENE**

<b>Time</b>	<b>Session Type</b>	<b>Session Description</b>
<b>11.00-13.00</b>	<b>Walk</b>	<p><b>MEETING PLACE:</b> By the benches to the West of the front entrance to V&amp;A museum.</p> <p><b>Nearest underground stations:</b> South Kensington (not step free) on the Circle, District and Piccadilly Lines; Knightsbridge station on the Piccadilly Line is now step free.</p> <p><b>Suggest participants consult the TFL Step Free tube guide.</b></p> <p><b><u>Description</u></b></p> <p>Discover the fascinating history of the development of the South Kensington area, known previously for its health benefits and few big houses. The area was acquired by the Commissioners of the Great Exhibition in 1851. We will walk through 'Albertopolis' viewing the site of the Great Exhibition, the Albert Memorial and Monument to the Great Exhibition, Albert Hall and learn about the origins of the major museums and some of the institutions in South Kensington.</p> <p><b>TO BOOK <a href="#">CLICK HERE</a></b></p> <p><b>Max 20 participants</b></p> <p><b>Cost: £10.00. No refunds.</b></p>
<p><b>Marilyn Greene:</b> is a curator, educator and City of London and City of Westminster Guide. She worked at the Victoria and Albert Museum from 2000-2013 where she initiated the programme of training guides from different faith backgrounds to deliver intercultural tours and researched her own gallery tours. She currently works freelance leading tours for the London Transport Museum, The Thames Explorer Trust, Illuminated River Foundation and the Charles Dickens Museum.</p>		

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## VISIT FOR u3a MEMBERS

## THE ART OF BURIAL AT THE VICTORIA &amp; ALBERT MUSEUM

TUESDAY 12<sup>TH</sup> MAY 2026 14.00-16.00 (afternoon)

GUIDE: MARILYN GREENE

Time	Session Type	Session Description
14.00-16.00	Visit	<p><b>MEETING PLACE:</b> Inside the back entrance (Exhibition Road) to the Victoria &amp; Albert Museum.</p> <p><b>Nearest underground stations:</b> South Kensington (not step free) on the Circle, District and Piccadilly Lines; Knightsbridge station on the Piccadilly Line is now step free.</p> <p><b>Suggest participants consult the TFL Step Free tube guide.</b></p> <p><b><u>Description</u></b></p> <p>Since prehistoric times, humankind has been united by its practices associated with the rituals and practices around what happens to a body after death. This tour looks at both items which are now seen as art found within tombs and discusses the imagery and representations on tombs, monuments and reliquaries to the dead. We will discuss the practices associated with China, the Middle East, Asia and Europe. The tour also includes a couple of amazing archaeological discoveries of tomb monuments from the London area.</p> <p><b>TO BOOK <a href="#">CLICK HERE</a></b></p> <p><b>Max 16 participants</b></p> <p><b>Cost: £10.00. No refunds.</b></p>
<p><b>Marilyn Greene:</b> is a curator, educator and City of London and City of Westminster Guide. She worked at the Victoria and Albert Museum from 2000-2013 where she initiated the programme of training guides from different faith backgrounds to deliver intercultural tours and researched her own gallery tours. She currently works freelance leading tours for the London Transport Museum, The Thames Explorer Trust, Illuminated River Foundation and the Charles Dickens Museum.</p>		

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**WALK FOR u3a MEMBERS****CHELSEA LITERATURE TOUR  
SURPRISING TALES FROM THE ROYAL BOROUGH****FRIDAY 15<sup>th</sup> MAY 2026 11.00-12.45 (morning)****GUIDE: STEPHEN KING**

<b>Time</b>	<b>Session Type</b>	<b>Session Description</b>
<b>11.00-12.45</b>	<b>Walk</b>	<p><b>MEETING PLACE:</b> Directly outside Sloane Square Tube Station on the Circle and District Lines.</p> <p>Tour finishes on Kings Road by Beaufort Street. There are plenty of cafes and pubs and it is a short bus ride back to Sloane Square and South Kensington tube stations (on Circle, District and Piccadilly lines), or to Clapham Junction railway station.</p> <p>Suggest participants consult the TFL Step free tube guide.</p> <p><b><u>Description</u></b></p> <p>Chelsea has a rich literary tale to tell, from Utopia to Mary Poppins, Oscar Wilde to James Bond. Given the bohemian nature of its residents there are numerous surprising (and sometimes shocking) stories about some of history's most famous writers. This leisurely stroll through the beautiful, quiet streets of Chelsea will uncover a host of writers' homes.</p> <p>TO BOOK <a href="#">CLICK HERE</a></p> <p>Max 20 participants.</p> <p>Cost: £10.00. No refunds.</p>
<p><b>Dr Stephen King:</b> isa qualified and experienced London tour guide who offers various historical and themed walks around the city. His tours aim to be fun and engaging, as well as packed full of facts, interesting and surprising tales. He brings his enthusiasm for London and his years of experience to each tour. You can find him on social media at <a href="#">@stevedoestours</a>.</p>		

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**WALK FOR u3a MEMBERS****DISCOVER PIMLICO****DATE CHANGED DUE TO THE PROPOSED TUBE STRIKES****MONDAY 18TH MAY 2026 11.00-13.00 (morning)****GUIDE: RICHARD COHEN**

<b>Time</b>	<b>Session Type</b>	<b>Session Description</b>
<b>11.00-13.00</b>	<b>Walk</b>	<p><b>MEETING PLACE:</b> Pimlico underground station ticket hall on the Victoria line.</p> <p><b>Suggest participants consult the TFL Step free tube guide.</b></p> <p><b><u>Description</u></b></p> <p><b>You don't need to bring your passports for this visit. Explore Thomas Cubitt's beautifully planned and maintained suburb. See a church that has been described as the finest piece of Gothic Revival architecture anywhere. Hear about the spies and politicians of Dolphin Square. Meet some of the famous residents of this area. See the relics of the notorious Millbank Penitentiary on top of which the wonderful Tate Britain was constructed. Afterwards take refreshments (at your expense) in Tate Britain.</b></p> <p><b>TO BOOK <a href="#">CLICK HERE</a></b></p> <p><b>Max 20 participants.</b></p> <p><b>Cost: £10.00. No refunds.</b></p>
<p><b>Richard Cohen</b> is an experienced guide with qualifications to guide in several different parts of London. He has worked for many years with u3a in London and is passionate about sharing his enthusiasm for the history of our great city. You can read more about him <a href="#">here</a>.</p>		

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## VISIT FOR u3a MEMBERS

## WOMEN IN ART AT TATE BRITAIN

MONDAY 18TH MAY 2026 14.00-16.00 (afternoon)

**DATE CHANGED DUE TO THE PROPOSED TUBE STRIKES**

GUIDE: RICHARD COHEN

Time	Session Type	Session Description
14.00-16.00	Visit	<p><b>MEETING PLACE:</b> Tate Britain main entrance on Atterbury Street SW1P 4RG. This is at the side of the gallery and is accessible by ramp.</p> <p>Nearest underground Pimlico on the Victoria line.</p> <p>Suggest participants consult the TFL Step free tube guide.</p> <p><b><u>Description</u></b></p> <p>Tate Britain is a magnificent gallery housing the world's greatest collection of art created by British artists. We will look at the changing representation of women in art over time and the stories of some of the women powerfully depicted in artwork. We will also focus on the paintings of female artists including great works from the c17th to the c21st like Mary Beale, Nina Hamnett, Winifred Knight and Gwen John. Opportunity for refreshments afterwards in gallery gardens (at your expense).</p> <p>TO BOOK <a href="#">CLICK HERE</a></p> <p>Max 20 participants.</p> <p>Cost: £10.00. No refunds.</p>

**Richard Cohen** is an experienced guide with qualifications to guide in several different parts of London. He has worked for many years with u3a in London and is passionate about sharing his enthusiasm for the history of our great city. You can read more about him [here](#).

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**WALK FOR u3a MEMBERS****ACROSS THE POND:  
THE LONDON HAUNTS OF SOME FAMOUS AMERICANS****TUESDAY 26<sup>TH</sup> MAY 2026 11.00-13.00 (morning)**  
**DATE CHANGED DUE TO THE PROPOSED TUBE STRIKES****GUIDE: FREDA DAHL-NIELSEN**

<b>Time</b>	<b>Session Type</b>	<b>Session Description</b>
<b>11.00-13.00</b>	<b>Walk</b>	<p><b>MEETING PLACE:</b> Queen Anne statue in front of the steps of St. Paul's Cathedral, St. Paul's Church Yard, London, EC4M 8AD.</p> <p><b>Nearest underground:</b> St. Paul's on the Central Line.</p> <p><b>Suggest participants consult the TFL Step free tube guide.</b></p> <p><b><u>Description</u></b></p> <p><b>Guides love to discover history, stories and connections and in this walk we look at the very connections that lie at the heart of the British-American 'Special Relationship'. The places we visit on this walk, would strike a chord with people who have crossed the pond over the last 450 years!</b></p> <p><b>On the walk we will encounter explorers, bankers, singers and actors, eccentrics and militant women and people who have helped to shape both sides of the Atlantic.</b></p> <p><b>TO BOOK <a href="#">CLICK HERE</a></b></p> <p><b>Max 15 participants.</b></p> <p><b>Cost: £10.00. No refunds.</b></p>

**FREDA DAHL-NIELSEN:** is an adopted Londoner having lived and worked in London for over 40 years as a Chartered Surveyor employed by the Civil Service. She loves to travel and to find out about places including exploring her adopted city of London. Discovering courses for Guiding she qualified in 2019 as a City of London Green Badge Guide and is also a qualified guide for Camden and the City of Westminster. Freda volunteers at Historic Royal Palaces including as a Guide for the Garden History Tours and at the Foundling Museum as well as at Westminster Abbey. She guides for Open House weekend and for London Walks Guiding Day.

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