



London Region of U3As

ARCHIVE of ZOOM TALKS Rev 46

Recordings of talks are live through the LRU3A website for approximately 2 months after the Talk date. Thereafter the link is broken. However if there is a particular Talk that you are seeking, if the Speaker has given permission for us to hold the recording for a long period then we may have the file in archive. Please contact webmaster.londonregionu3a@gmail.com for retrieval requests.

NO.	DELIVERY DATE	TALK TITLE	DELIVERED BY	TALK LINK	SUPPORTING MATERIAL / COMMENT
067	9/03/26	Catherine The Great - ruler of Russia 1762-1796	Alan Freeland	Talk 52	
066	9/02/26	Elgar - The composer you thought you knew.	Richard Westwood-Brookes	Talk 51	Additional material: Elgar
065	12/01/26	Revealing the origins of the Viking Age through the scientific analysis of silver	Jane Kershaw	Talk 50	Additional material: Vikings Travel & Quest for Silver
064	8/12/25	National Trust Neptune Coastline	David Hunt	Talk 49	
063	10/11/25	Mavericks: Empire, Oil, Revolution and	Nick Higham	Talk 48	
062	13/10/25	Plastics and Environment	John Baxter	Talk 47	
061	3/3/25	IQ ² Cultural Debate: 'Brave New World' vs 'Nineteen Eighty-Four'	Facilitated by Liz Day & Vivek Nanda	Talk 46	Additional material on YouTube here .
060	3/2/25	Our human instinct for language	Alan Freeland	Talk 45	
059	6/1/25	Leonardo da Vinci: would he have made a good u3a member?	Catherine Stevenson	Talk 44	Not recorded.
058	2/12/24	A Woman Travelling Alone	Jayne Forbes	Talk 43	Recording by request only now.
057	4/11/24	Secrets of the Human Brain	Dr. Bob Pullen Secrets	Talk 42	Recording by request only now.
056	7/10/24	THE NEW SCRAMBLE FOR AFRICA	JAGDISH JETHWA	Talk 41	Recording by request only now.
055	4/3/24	The Shaping of Eastern Europe	Terry Lloyd	Talk 40 Present.	Recording by request only now.
054	5/2/24	Louis Moreau Gottschalk:	Herbie Goldberg	Talk 40 Q&A	
053	8/1/24	The Joe Lyons Story: Food for Thought	Neville Lyons		

052	4/12/23	Write it down!	Jo Livingston	No recording	Useful links: <ul style="list-style-type: none"> • Mass Observation Archive: http://www.massobs.org.uk/ • The Great Diary Project: https://www.thegreatdiaryproject.co.uk/ • u3a Subject Advisor for Living History: https://www.u3a.org.uk/learning/subjects/living-history
051	6/11/23	Atatürk--The Greatest Nation Builder of Modern Times	Alan Freeland	Talk 37	
050	2/10/23	The City and Slaver	Hazel Beale	No recording	Permission not received however here is some related material: National Maritime Museum Atlantic Worlds: Enslavement and Resistance This clearly sets out the figures and answers to some questions raised in the Q& A session at the talk. & Bank of England Museum: Slavery and the Bank Website includes links to talks and further resources The exhibition is open until February 2024 Monday to Friday 10am – 5pm, with late openings until 8pm every third Thursday of the month. Entry is free, and no need to book ahead.
049	20/03/23	Changing London	Jo Livingston	No recording	
048	20/02/23	Cézanne	Hazel Beale	No recording	Permission not received.
047	16/01/23	London's Waste – Past, Present and Future	Hilary Stone	Talk 36	
046	19/12/22	London through Painters' Eyes	Graham Taylor	Talk 35	
045	21/11/22	The Art of Underground Travel	David Burnell	Talk 34	Any queries ask David here: davidburnell031@hotmail.com
044	17/10/2022	Conan Doyle, Sherlock Holmes	Roger Johnson	Talk 33	Sherlock Holmes Society Gazetteer
043	04/04/22	Women in Ancient Egypt	Neil Stevenson	Talk 32	Link not now live.
042	21/03/22	Tulips, a terrible, triumphant story	Nick Dobson:	No recording	Tulips Booklet

041	07/03/22	The Bayeux Tapestry and Its Hidden Messages	Catherine Stevenson	Talk 31	Link not now live.
040	21/02/22	The Life and Work of Christina Rossetti	Susan Elkin	No recording	
039	07/02/22	Haunted - A Very Strange Lecture	Dr. Mel Ruben	No recording	
038	24/01/22	Poisons	Tony Dayan	No recording	
037	10/01/22	Owen Jones - The Victorian Era's Forgotten Artistic Giant 1809-1874	Alan Freeland	Talk 30	Supporting reference book by Owen Jones: The Grammar of Ornament: https://library.si.edu/digital-library/book/grammarornament00jone
036	06/12/21	Boys Will Be Girls... 'those squeaking Cleopatras'	Linda Shannon	Talk 26	Links not now live.
035	22/11/21	London's Gangland from the Sabinis to the Krays	James Morton:	Talk 25	Links not now live.
034	01/11/21	Top 10 Odd Things to Measure, PLUS the Measurement of Colour	Andrew Hanson	Talk 23	Links not now live.
033	18/10/	Sleepwalking into the Abyss	Terry Lloyd	Talk 24 Talk 24 Q&A	Links not now live.
032	20/09/21	Marconi – The Man who Shrank the World	Alan Freeland	Talk 22	Links not now live.
031	06/09/21	Irish Troubles	Tom Harris	Talk 21	Links not now live.
030	23/08/21	Classical Swing in the Roaring Twenties	Herbie Goldberg	Talk 20 Supporting material – works	Links not now live.
029	02/08/21	Paris in the 1920s: Art, Culture, Fashion and Society	Martin Heard	Talk 19	Links not now live.
028	19/07/21	No Cop Out @ COP26	Alan Morton	Talk 18	Links not now live.
027	05/07/21	Strangers when they met	Stan Clingman	Talk 17 Recordi	Links not now live.
026	21/06/21	F. Scott Fitzgerald and the 1920s	Kevin McCarron	Talk 16	Links not now live.

025	07/06/21	Wallpapers in the 1920s and '30s: Designing and Decorating for the Suburban Dream	Lucy Ellis	Talk 15 Talk 15 Q&A	Links not now live.
024	24/05/21	Germany's Weimar Republic (1919 to 1933) Doomed to fail?	Christopher Dean	Talk 14	Links not now live.
023	10/05/21	Visual Arts in the Roaring Twenties	Graham Taylor	Talk 13	Links not now live.
022	26/04/21	The Horse	Jenny Remfry	Tlk 12: Part 1 Part 1 Q&A Part 2	Links not now live.
021	12/04/21	Literary Highgate	Isabel Raphael	Winter Talks	Links not now live.
020	22/03/21	I Can't Believe We Still get Medicines from Plants	Tony Dayan	Winter Talks 10	Links not now live.
019	08/03/21	Realms of Gold -John Keats, his Story, and his Poetry	Geoff Pick	Winter Talk9	Links not now live.
018	22/02/21	Chinese Art Part 1	Alan Freeland	Winter Talk8	Links not now live.
017	15/02/21	Chinese Art Part 1	Alan Freeland	Winter Talk7	Links to homework for the next Chinese Art presentation: An installation by Xu Bing at the British Museum: Background Story 7 The Nation's Greatest Treasures: Creating New Legend
016	08/02/21	A two hundred-year Antarctic adventure: a short History of Humans in Antarctica	Camilla Nichol:	Winter Talks6	Please click on this link if you wish to join or donate to the UK Antarctic Heritage Trust: https://www.ukaht.org/
015	25/01/21	How to Control Stress in a Stressful World	Jonathan Lipitch	Winter Talks5 Recording Supporting Narrative	Other references as background reading: Jonathan Lipitch: Managing Stress in a Conflicted World (see attached) Drs Greenberger & Padesk: Mind over Mood Prof Mark Williams: Mindfulness

014	11/01/21	Cryptic Crosswords Explained	Henry Howarth	Recording not available.	Recording was incomplete and therefore not uploaded
013	04/01/21	A Virtual Tour of the Museum of London Docklands	Hazel Beale	Not recorded	Speaker happy to repeat presentation on request. Please contact Talks.lru3a@gmail.com
012	30/11/20	Art and Architecture of The Silk Roads	Alan Freeland	Winter Talks3 Recording	Links not now live
011	16/11/20	Sitopia: How Food Can Save the World	Carolyn Steel	Winter Talks2 Recording	Links not now live
010	03/11/20	The Fate of the Universe	Sheila Kanani	Winter Talks1 Recording	Links not now live
009	30/10/20	The Future for Family History Research	Stephen Dyer	Family History 4 Recording FH4 - References	Links not now live
008	16/10/20	Layers of London	Tom Furber	Family History 3 Recording	Links not now live
007	09/10/20	Family History Resources at the London Achives	Charlie Turpie	Family History 2 Recording Family History LMA	Links not now live
006	02/10/20	Family History at The National Archive	Jessamy Carlson	Family History 1 Flyer-	Links not now live
005	21/09/20	Do you want to write your life story?	Jo Livingston	Chat Recording-JL Flyer-Life Story Writing	Jo Livingston is the U3A national Subject Adviser for Living History and can be contacted via the U3A national website: https://www.u3a.org.uk/learning/subjects/287-living-history
004	07/09/2020	Gardening in a Changing Climate'	Alistair Griffiths	Recording AG Presentation – Gardening in a Climate Change Flyer – Gardening in a Climate Change	Links not now live
003	24/08/2020	Edith Appleton: Nurse at the Front	Dick and Lisa Robinson	Recording DLR Presentation Edith Appleton	Links not now live

002	10/08/2020	Art & Arch. in Islamic Spain	Alan Freeland	Recording AF Flyer – Art & Arch. in Islamic Spain	Links not now live
001	27/07/2020	Clem Attlee	Francis Beckett	Recording of Clem Attlee talk Flyer - The Wit & Wisdom of Clement Atlee Speaker (Francis	Links not now live