

LRU3A COMMITTEE & OTHER POSITIONS 2025/2026 (Rev 05)

EXECUTIVE COMMITTEE	NAME	U3A	Date elected	Terms of Service Allowed *
Chair	Val Girling	Palmers Green & District	Elected October 2024	3 years to 2027
Vice Chair	Vacant			
Treasurer	John Bent	Barnet	Elected 2022	6 years to 2028
Membership Secretary	Rikki Wallman	Redbridge	Elected 2023	6 years to 2029
Mailchimp Administrator	Rikki Wallman	Redbridge	Elected 2023	6 years to 2029
Peer Support Coordinator	Vacant			
Communications Coordinator	Vacant			
Secretary	Maria Guest-Naharnowicz	Welling	Elected Oct 2023 Elected Oct 2024	9 years to 2032 6 years to 2030
Web Manager	Derek Harwood	Islington	Co-opted Nov 2020. Elected Nov 2024	3 years to 2023 (or 2024) 9 years to 2027
LRU3A PR Advisor	Vacant			
Events Coordinator	Vacant			
EDI Coordinator	Jane Fisher	Merton	Elected Oct 2025	9 years to 2034
General Member	Cariss Smith	Croydon	Elected Oct 2025	9 years to 2034
London Region Council Representatives (ex-officio)	Jenny Wilson & Chris Bulford		Nationally elected	

* The Constitution states:

18.8. The maximum total period of service of any trustee shall be 9 years in any combination of roles whether or not the periods of service are contiguous.

18.9. The maximum continuous period of service in one specific role without an interval of at least 1 year between the periods of service shall be:

(a) Chair and Vice-Chair - 3 years

(b) All other roles, including ordinary trustees - 6 years