



# London Region of U3As

## MINUTES

Meeting Title:	<b>DELEGATES MEETING</b>
Date/ Time:	<b>17<sup>th</sup> April 2025, 2.00-4.30pm</b>
Venue:	<b>On line with Zoom</b>

<b>Welcome &amp; Previous Minutes:</b>	
1.0	Derek Harwood was to chair the meeting as apologies had been received from Val Girling (LRU3A Chair). Vivek Nanda, Committee member, also not available to attend due to travels. Previous <a href="#">Minutes</a> (17 <sup>th</sup> January): No comments received, hence approved.
<b>Reports:</b>	
2.0	Reports had been previously issued to all u3as. Additional verbal reports were given at the meeting and have been included now in Appendix 1. Any questions arising are also recorded in Appendix 1.  Jenny Wilson, London Council Representative, reiterated how amazing the LRU3A events team were. The variety of walks, outings, museum visits and everything else was brilliant. London is lucky to have such a good team. Both Catherine Ware and Rikki Wallman are putting in a huge amount of effort to make the events so successful.
<b>News:</b>	
3.0	<b>News from the Trust &amp; Networks</b> See Reports, Appendix 1.  Regarding membership changes of committee- please ensure any changes of the updated committee after an AGM are emailed through to Rikki Wallman. Also if any changes occur during the year, please email Rikki with these details. Otherwise, correspondence from London Region is not sent to the correct individuals and u3a members will miss the latest information and booking of events. The emails will be addressed from MailChimp Administrator or Membership Secretary. They are not scam but some u3a's simply don't reply. If there is anyone who knows about MailChimp, any help would be greatly appreciated.

<b>Topic 2- Elizabeth Drury - ‘Resolution 500,000’ – Membership Growth Target</b>	
5.1	<p>Elizabeth (Liz) is Head of Communications and Policy as a member of staff at the Trust. The presentation given was about the member submitted and approved resolution at the AGM in 2023. The presentation can be viewed on the LRU3A website here: <a href="#">Res500k</a>.</p> <p>Purpose- the action plan was launched in April 2024 to help advertise the benefits of being a u3a member – to celebrate and share the u3a experience, learning opportunities, develop friendship, and community. It provides a single call to action - all u3as and the Trust combining to encourage new membership. To find the next generation of members – providing new volunteers, ideas, committee members: and hence growing the national membership to reach the target of 500,000 by the end of 2028.</p> <p>Building on the u3a brand recognition. This involves social media; national advertising; Friends newsletters and u3a Matters magazine; publicity through person to person and events. There are next steps for the Trust to take to reach the goal.</p>
5.2	<p>Questions or Points arising:</p> <p>Question related to Dagenham u3a failing – wondered how u3as like Teeside and Hartlepool are doing. Which areas do well for 3 years and what kind of socio-demographic are we looking at? A team member, Susannah is dealing with this very issue and working with individual u3a committees so Liz has suggested that she can put her in touch with anyone who is interested.</p> <p>The improvement of the map of the u3a areas on the national website was discussed and it was felt that a more bespoke map, which could show the viewer where their local u3a is found-would be friendlier for prospective members. A plug-in could be added to the map. Maybe details and a list could come up on a menu and you could click on the one you want.</p> <p>The u3a office are looking at supporting individual members who cannot access or unable to take the magazine. The office will also try to support growth of membership from the ground level upwards.</p> <p>The level of Facebook advertising campaign is being built up and has been highly successful to date, but some members felt that their own members do not access Facebook.</p> <p>How is the growth in membership of u3a evaluated? The ‘Annual Returns’ from each u3a provide the numbers but this does not give details about ages, demographics, ethnicity, gender, etc. So difficult to track trends without that data.</p> <p>Publicity material has been revised to consider local u3 needs, as these are very varied. The issue of successful u3as was raised. The successful u3as have vibrant committees. A dynamic chair increases successful growth. But also how they have approached publicising their u3a is significant. Whether it’s a rural or deprived urban location, u3as are often struggling to recruit committee members and volunteers. Edinburgh is an example of a successful u3a which has an expanded membership. Less affluent parts of Edinburgh also have increased their membership to ‘crazy’ levels. This has been repeated in some London u3as. Croydon is a prime example.</p>

5.2  
continued

The AGM Resolution does put enormous pressure on individual u3as to raise their game and profile to help increase membership levels nationally. Another issue discussed was lack of ethnicity in the delegates attending today. Although we represent a city which is the most diverse in the British Isles, but the attendance does not reflect this diversity. Again publicity materials will be looking at representing different demographics and being targeted to reach these different groups. The National office publicity is trying to show diversity including the use of different languages is being investigated.

There was a mention of the 'Recruitment and Retention toolkit' which contains specific methods which each u3a can consider and selected if appropriate to their u3a. It's available through the website, the national website: [R&R Toolkit](#).

The EDI ( Equality, Diversity and Inclusion) subcommittee and (their London EDI Reps) are very keen to come along to any u3a to talk about what can be done to basically increase the diversity within London , within a London setting.

Electronic forms of communications are what some Delegates want, so they can share easily with their members and send on to prospective members. Can the National Facebook page have more shareable items? This would be so effective. LD noted. An independent consultant has just been commissioned to look at what the Comms team were doing. Feedback from Frances Halliday (Palmers Green and Southgate) had been taken by the National team and the communication material is now being created. The social media plan is also being overhauled. A new overall communications strategy is being developed, making it more nation wide - and able to share content more easily. Focussed content could target groups of potential members. Publicity at local events would also encourage new local members. There might be a way of buying National office branded resources which could attract prospective members. The National team will look into this.

Rosemary (Newham) asked about the importance of the membership form template. It is hugely important to collate geographically and locally how people got in touch with their u3a. There should be a question about how the member heard of the u3a. This is a vital piece of research and would help forward planning. The membership secretary/committee could collate the information and send it to National office for analysis. A monitoring form was structured and detailed and shared with all u3as last year and only 3 u3as actually replied. This might be resurrected. Rosemary will liaise with Liz Drury on this revised form.

Rikki Wallman asked about monitoring the clicks on the national website, as shown in the presentation. Were the clicks unique or just clicks? This would impact the statistics. Liz Drury replied that they were unique clicks.

Where does the u3a Matters magazine go , once it's been read? Are we allowed to distribute it on a GDPR basis? Answer - yes. There are no personal email addresses nor phone numbers nor personal data and only generic details and that's fine. The initiative of 'Next Gen' was targeting 50+ aged people. After the COVID period these are seen as new potential members. They may have been made redundant, or

	<p>now only have a part time job. Traditionally 60+ years old had been the target audience. Times have changed. It was felt that the language used in publicity materials was putting off prospective members. The average age of the movement is thought to be about 74 and rising every year. That’s why we need to target the younger age range. They still have the dynamics.</p> <p>Rikki Wallman, Redbridge and District, stated that it seems logical to advertise more on eg Instagram page, which targets younger persons.</p> <p>Another question from the audience: It doesn’t look like the 500k will be reached by the date set. Is an analysis going to happen? Liz Drury stated that yes, after the target completion date (end of 2028) there will be much analysis. But there will also be ongoing annual reviews as well.</p> <p>The members applauded Liz’s talk as it was very useful in understanding the challenges for all in growing the membership and for the u3a movement to remain sustainable.</p> <p>Following Liz’s presentation Derek Harwood presented a couple of extra slides on membership levels for the London u3as. These shows the trend for London u3as – some were seeing a steady growth, some were static, but 17 currently were seeing a fall in membership level. This is replicated across all u3as nationally. New u3a are starting up successfully (eg Newham),but others closing (eg Dagenham, Haringey). You can see the London membership figures, the presentation at: <a href="#">London Membership Stats</a>. Question was asked of delegates- do you know the number of members in your local u3a? Majority knew this. Are you increasing or decreasing in members?</p> <p>The u3a is about the 17<sup>th</sup> largest organisation in the UK. But we have competition with the other similar organisations. We have challenges and must be forward thinking.</p>
5.3	<p><b>Following the end of the presentation the audience was split into Break out Groups. They were asked to consider the following questions:</b></p> <ul style="list-style-type: none"> <li>• Was the membership levels in their growing or not?</li> <li>• How can we all grow the membership?</li> <li>• Is anything further required from the u3a Office to support growth?</li> </ul>
5.4	<p><b>Breakout Rooms Feedback/Plenary</b></p> <p><b>Room 1:</b> Redbridge has changed demographics, and tris to engage with ethnic minorities. DH suggested talking to Croydon, Jenny Wilson, as a follow up support on this topic, as they have been very successful in recruitment. Consider holding public sessions to get Black/Asian groups interested. If there are 3 or 4 Black Coordinators, this would enable groups to be set up. Focussed interests like films, music, quizzes would lead to easier set-ups.</p>

<p>5.4 continued</p>	<p>Asian ladies who loved dancing held a lunch for one u3a group and they taught the keep fit group members the dancing routines. This led to Asian dance group starting. Important to identify the groups which are local- Indian, Sri Lankan, Irish- often through 'word of mouth.' Special events could be open to bringing friends or a member of the public and this would set up to meet visitors on that night. The Bollywood Event was popular. There are non-speaking English , who are Turkish. They have not integrated into our u3a group. How do we identify which black people are British? Unless told, we would be unaware.</p> <p>Tower Hamlets has not been good at recruiting ethnic minorities. More male members are needed, majority of females in most u3a's. We need to entice more males. Maybe visits or Science groups to encourage more membership for males. Have to ensure that groups which welcome everybody. Welcome Tea Party every 3 months is used successfully by many u3a's. Palmers Green and Southgate – has average of 10 new members joining every month. 42 new members have joined by Jan 2025. They are joining online and paying by PayPal online. It states on the home page- "Join now!" There is no paperwork – all online. PayPal is integrated with Beacon. 8% growth this year, 10-20% ethnic mix. Very few people go online and print forms and bring to meetings now.</p> <p><b>Room 2:</b> Discussing around what do we want the u3a to do to help growth. Aspects of benefits at a local level. Many had not heard of 'Boom radio'- in the London area. If there is an influx of new members, would a limit be imposed. Limits on membership due to room size and location.</p> <p><b>Room 3:</b> Most of the new members join through 'word of mouth'. Difficult to recruit for committee , volunteers hard to come by. Not got involved with Facebook- as no one has led with the relevant skills. London is so different, people have joined different u3a's for various reasons and associate u3a membership is a good example. This is not a national movement, it is for localised reasons.</p> <p><b>Room 4:</b> Crouch End has 25% male membership, this is a target to prevent their loneliness and isolation. There is too much emphasis on use of ICT and EDI. We don't really know what our membership consists of .</p> <p><b>Room 5:</b> As we are London based- Bexley u3a-(Rose) its our own initiative which gets us new members. Building upon a base of no IT at all , it is down to a couple of people on he committee who are taking responsibility. How to affect that? The term 'university' - isn't used as it doesn't attract people. Social prescribing was discussed, reaching out to London population , via special GP's to support people. Val Girling has been heavily involved in this topic and has been meeting up with various NHS Trusts and will cascade information at the next meeting. Rosemary Jenkins ( Newham) mentioned that the Royal College of Practitioners can cascade information as well. Noted that Islington NHS Trust has not filtered this down.</p>
<p>6.0</p>	<p><b>Wrap Up:</b> DH thanked all for their good feedback and interesting conversations. He suggested they take away the information and act upon Liz's talk.</p>

6.0 continued	<p>It was reiterated that if there are any volunteers out there who would like to step up or is interested in joining the Executive Committee for the London Region network please get in touch.</p> <p><b>Dates for next meetings:</b></p> <ul style="list-style-type: none"><li>• Friday 18th July</li><li>• Friday 17th October + AGM</li></ul> <p>(it is currently planned that the AGM will be a face-to-face meeting.)</p>
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## APPENDIX 1 - REPORTS:

### EXECUTIVE COMMITTEE MEMBER REPORTS:

#### **CHAIR** (Val Girling):

It's been another busy period for LRU3A since our last Delegates meeting. Full details are given below but picking out some highlights: I would like to say thank you to the LR Executive Committee for supporting the Chairs Networking Day, and many thanks to those u3as that attended. It was, we hope, a successful and enjoyable day for all, despite the fact that not all u3as were represented. The aim of the 'Chairs' day is to have ALL 43 u3as represented in order to facilitate a sharing of expertise and experience, where each u3a can share its problems and celebrate its successes. The u3a is a COLLABORATIVE organisation and I would encourage those u3as who are successful to be prepared to share this with those who are going through a tough time.

We are being urged to raise our profile and attract more members so that more people can share in what we have – a great organisation that allows members to enjoy life to the full. As Chair of the London Region network I aim to visit as many u3as as I can, so please take this message back with you, invite me to visit, please! Our Speaker today will help with this agenda.

Our other two operating Peer Support Groups (for Web Managers and Treasurers) have also been active. But the other two - for Group Coordinators and Public Relations Advisors – remain dormant due to no volunteer coming forward to help coordinator these unfortunately. Our Winter Talks and Walks programme was varied and all events sold out almost immediately they were opened for booking. Our spring programme of events is now open for booking. These successful events have helped ensure our accounts remain balanced.

#### **TREASURER** (John Bent):

	London Region of u3as Income and Expenditure 01.09.24 to 31.03.25	London Region of u3as Income and Expenditure 01.09.23 to 31.08.24
Income		
Events Net of Paypal fees	£14,342.06	£5,045.00
Wellness Day	£1,312.00	
CAF Grant	£500.00	
Grant Dagenham u3a	£750.00	
Zoom Licence LRT TAT Bgt	£719.88	
Bank Interest	£40.59	£26.00
AI Prepd attendees	-£2,080.00	
Income Total	<hr/> £15,584.53 <hr/>	£5,071.00

London Region of u3as Accounts at 31.03.2025

Our Walks and Events programs have been very popular with members and had healthy level of bookings; these generated an acceptable level of surplus. We had 3 “grants” amounting to almost £2,000 in the period: A £750 donation from Dagenham u3a, who closed in the 2024; a Grant from CAF bank that we applied for; and contribution towards our Zoom licence from our Regional Trustee. We have received £2,080 for bookings to attend the A.I. Day which takes place on 25<sup>th</sup> April, I’ve treated these as “prepayments” and removed them from these results which are as at 31<sup>st</sup> March. I’ve likewise removed the deposit for the A.I. premises hire that we’ve already paid. Bank balances remain healthy, around £12k, roughly the same as last year.

	London Region of u3as Balance Sheet at 31.03.25	London Region of u3as Balance Sheet at 31.08.24
Assets		
		Bank
Less		
Expenditure		
Walks & Visits	£11,295.8	£3,876.00
Wellness Day	£1,053.65	
AGM	£469.20	
Delegates & chairs Meetings	£1,370.90	£1,309.00
AI Prepyts	-£622.80	
Zoom Licence & Wufoo	£1,007.38	£720.00
Bank Charges	£35.00	£60.00
Misc (Equipt)	£0.00	£10.00
	14609.13	£5,975.00
	14609.13	£5,975.00
Surplus/-Deficit 23/24	£975.4	-£904.00
Surplus B/fwd	£9,848.17	<u>£10,752.00</u>
Net Surplus / -Deficit	£10,823.57	£9,848.00
	£10,823.57	£9,848.00
Paypal	£1,312.54	£300.00
	£10,968.33	£10,853.00

Debtors	Wellness	£0.00	£496.00
Receipts in advance+	AI Day	-£2,080.00	
Prepaid Cost	AI Day	£622.80	
Creditors (prepaid Autumn Walks)		£0.00	-£1,800.00
Net Assets		<u>£10,823.67</u>	<u>£9,848.00</u>

### MEMBERSHIP SECRETARY (Rikki Wallman):

While we have recently lost Dagenham u3a we have gained Newham as our newest London u3a. So we still stand at 43 London u3as.

Shortly after each u3a's AGM, I will contact the chair and secretary to get an Up To Date committee list. The reason is to ensure that the London Region database is correct and that emails are going to the correct person in a timely manner. I do appreciate that each secretary uses the "portal" for this information, but this cannot be shared with London Region due to GDPR, as the databases are not the same. If there are any changes throughout the year, please let me know, Rikki Wallman email address is [mailchimpadvisor.lru3a@gmail.com](mailto:mailchimpadvisor.lru3a@gmail.com)

### EVENTS TEAM (Rikki Wallman)

Gilbert and Sullivan Day was launched on 7<sup>th</sup> March and all 80 places were booked by 14<sup>th</sup> March.

Series of 9 walks and gallery visits with the focus on Women's History Month were all booked within a few days. We asked on the booking form "how they heard about the event"

- 19.7% was a previous 2024 event participant
- 5.6% from online talks
- 42.7% from a direct email from LR
- 26.8% from their own u3a and
- 5.2% from another u3a member

The u3as that supported the Women's History Month: Croydon 22, Dulwich 19, Bromley 11, Merton and Redbridge 10

No registrations from Abbey wood, Beckenham, Brent, Crouch End, Enfield, Hammersmith, Havering, Hillingdon South, Kenton, Mill Hill, Newham, Orpington, Sidcup, Stanmore, Tower Hamlets, Upminster, Wanstead and Woodford. (17).

Hammersmith and Kenton were represented at the G&D Day but not the walks/visits.

AI Study Day: Launched on 28<sup>th</sup> Feb and all 80 places taken by 11<sup>th</sup> March.

There are 5 walks/gallery visits in May, launch date 6th April.

10 in June launch date 22nd April

7 in July Launch date 15th May

In planning stage 6 walks/visits for September and a few for Black History Month in October.

Also in the planning stage- another Wellness/Mind Body and Soul event in the autumn, Sue Leigh is in talks with Natural History Museum again, Philippa Bassett is talking to Brandenburg again for a pre Christmas concert and the Wallace Collection for a Study Day there in March 26 for Women's History Month

#### **Communications Coordinator (Vivek Nanda):**

Mailshots have been going out to Chairs and Delegates of London Region usually twice a month. These mostly contain information to be cascaded to the membership of each LR u3a. Therefore, as mentioned under the Membership Secretary's report, it is important that we are always updated with u3as contact details.

London Region currently has a 500 capacity zoom licence but no event has exceeded 300 attendees since covid. As a result, we are thinking of moving to the much cheaper business account, which has a capacity of 300 attendees.

Mailchimp is our communications platform and we are planning to upgrade our free account to a paid Mailchimp account. Please let us know if your u3a uses a paid for Mailchimp account, as London Region would like to know who could be approached for information and advice.

The ticketing of large number of paid events like walks and visits is generating unexpectedly large number of support issues with our existing platform called Wufoo. Please let me know if your u3a uses a ticketing system for paid events.

#### **WEB MANAGER (Derek Harwood):**

LRU3A website now operational on SiteWorks. Ongoing updates of content added as required. The 'Latest Notices' feature now added to the Welcome page. Another programme of IT training is being organised for all members in May.

#### **PEER SUPPORT GROUP (PSG) COORDINATOR (Liz Day):**

##### **CHAIRS:**

The Chairs Network Event took place again this year in March at LIFT.

It was ably led for the first time by Jenny Wilson and Val Girling, both serving Chairs for London Region u3as. Maria wrote a detailed report of the event, available on LR website.

There were 32 attendees, representing just over half the LR u3as. The event was free and included a sandwich lunch for Chairs, or their representatives, paid for by the London Region Network.

It was focused on the u3as declared ambition to expand its membership, discussing u3a's vision and USP (unique selling point), pre-requisites of good management, a health check and promotion materials.

Iain Cassidy, our new CEO, came to meet the Chairs, discuss his vision for expanding the u3a and increasing its influence, and to listen to ideas from experience Chairs.

Hopefully Chairs who attended will build on ideas discussed, sharing them with their committees and others will read the detailed report and come to the next Chair's event next year.

The Chairs WhatsApp group is receiving minimal traffic.

**GROUP COORDINATORS PSG** (vacant):

In abeyance as no Coordinator. **Any volunteer to re-start this PSG?**

**WEBMASTERS PSG** (Derek Harwood):

This PSG continues with regular meetings; the last one being held in February with reps from 8 London u3as attending. The main agenda items for that meeting included:

- Status SiteWorks / WMUGs / Monday's Drop In sessions
- Use of QR codes
- Use of AI
- Open discussion

All the 22 London u3as have now migrated from Sitebuilder to the new SiteWorks website software, including the LRU3A regional network site. This PSG continues to offer support on SiteWorks to the London web managers.

LRU3A are arranging a further IT training programme (our 3<sup>rd</sup>) in conjunction with AbilityNet to be held in May. Details will be published on the LRU3A website.

**TREASURERS PSG** (Derek Harwood):

This PSG continues with regular meetings; the last one being held in January with reps from 12 London u3as attending. The main agenda items for that meeting included:

- Gift Aid update
- Open discussion

While none of the London u3a's had had their gift aid claim rejected by HMRC (yet), over 12 have had problems nationally. The national Trust is trying to progress this issue with HMRC but with slow response from them. A face-to-face meeting has been requested following the exchange of letters.

Other specific issues were also raised and shared at this PSG.

## **PUBLIC RELATIONS PSG** (vacant):

In abeyance as no Coordinator. **Any volunteer to re-start this PSG?**

## **NATIONAL GENERAL NEWS** (Derek Harwood and John Bent):

The national voting process for the new Board members, the regional Council Representatives and the Council Chair have now been concluded. The new governance structure will come into affect from 1<sup>st</sup> April. London u3as elected Jenny Wilson (Croydon) and Chris Bulford (Islington) to be our Council Representatives (see below for their reports).

The new Trust's CEO, Ian Cassidy, visited our Chairs forum event.

## **NETWORK LINK** (Derek Harwood):

This forum offers a common discussion and support platform for all u3a networks, such as LRU3A. The last NL Zoom meeting was held in February with over a hundred attending. The main topic presented was John Butler on the 'Let's Talk Tech' forum. This continues to grow with regular presentations on a range of technology subjects. They all have a vibrant Facebook account with regular posts from members.

The Network Link chair, Sue Russell has now been elected as the Chair of the new Council. This means there is a vacancy for the Chair of Network Link.

## **COUNCIL REPRESENTATIVES** (Jenny Wilson):

On 1<sup>st</sup> April trustees became members of the new national Council so I, with Chris Bulford will be your representatives for London. The first F2F Council Meeting is in London 08/04/25 10-4pm and we will report on that afterwards.

Council representatives have a number of important responsibilities which include: -

- Being a conduit between the Trust and the u3a movement i.e. you-and consulting u3as
- Identifying needs & trends including nationwide priorities and impact assessment
- Reporting back to the region
- Sharing good practice
- Supporting & promoting; encouraging participation
- Contributing to Council Reports to the Board and to Council discussions
- Acting as a spokesperson to outside agencies
- Being a key contact within the region.

Chris and I have already had a couple of meetings together, phone calls & emails to share ideas of how we will fulfil our roles. We have both taken part in training sessions and after the initial meeting on 8<sup>th</sup> April we will be able to tell you more.

It is planned to have 4 meetings a year with all council representatives – 2 F2F and 2 on-line. These meetings will be for the CR from the whole of the UK along with the Board representative John Bent, Allan Walmsley (Chair of Third Age Trust) and Iain Cassidy CEO)

The future development of the movement will be determined through planning discussions between the Council and the Board, which the CEO will then put into operation with the team of employees and Trust Volunteers, Networks and u3as.

At your service, Jenny and Chris.

**APPENDIX 2 – ATTENDANCE REGISTER**

<b>ATTENDANCE</b>					
		<u>Present</u>		<u>Apologies</u>	
	<b>LRU3A Committee &amp; other posts</b>				
	Chair	Val Girling *			1
	Vice-Chair	Vacant			
	Treasurer	John Bent *	1		
	Learning Development Coordinator	Liz Day *	1		
	Communications Coordinator			Vivek Nanda *	1
	Secretary	Maria Guest-Naharnowicz *	1		
	Events	Rikki Wallman *	1		
	Talks Coordinator	Catherine Ware *	1		
	<b>Guest:</b>	Liz Drury	1		
	London Region Council Reps	Jenny Wilson *	1		
		Chris Bulford *	1		
	<b>London Region Local Networks:</b>				
	BOB	See Bromley			
	SW London	No rep			
	<b>London U3A Representatives (Chair, Delegate, Other)</b>				
1	Abbey wood & Thamesmead				
2	Barnet	John Bent, Jim Jenkins	1, 1		
3	Beckenham				
4	Bexley	Rosemary Case	1		
5	Brent				
6	Bromley			Angela Dowling (S)	1
7	Crouch End	Andrew Sich	1		
8	Croydon	Cariss Smith, Jenny Wilson Joy, Ellery	1, 1, 0		
9	Dagenham	Folded but was on original list			
10	Dulwich & District	Fiona Stack, Liz Day	0 + 1		
11	Ealing	Derek Atkinson, Jill Stern	0 + 1		
12	Enfield				
13	Hackney	Liz Southcombe, Ken Davidson	1 + 1		
14	Hammersmith & Fulham	Sue Adams	1		
15	Hampstead Garden Suburbs (HGS)				
16	Harrow				
17	Havering				
18	Hillingdon				
19	Hounslow		0		
20	Islington	Chris Bulford (D), Sally Fox (D), Derek Harwood	1 + 1 1	Vivek Nanda	1
21	Kenton & District	Dick Nathan	1		

22	Kingston				
23	Merton	Linda Thompson (VC) Catherine Ware			
24	Mill Hill				
25	Newham	Rosemary Jenkins, Elizabeth Jenkins	1		
26	North London	Michael Lewis, Michael Johns	0+1		
27	Northwood & District	Rob Thomasson (C)			
28	Norwood	Judith Foskett	1		
29	Orpington	Sue Howe (S)			
30	Palmers Green & Southgate	Val Girling, Frances Halliday, Ann Rayner, Coral Datta	0 1 + 0 1		1
31	Redbridge & District	Denise Kaye Rikki Wallman	0 1		
32	Richmond				
33	Sidcup & District	Sandra Applegate (S)			
34	South Hillingdon				
35	Stanmore & District				
36	SE London	Timothy Crossley (Co-C)			
37	Sutton Area	Sue Deans			
38	Tower Hamlets	Vanda Green	1		
39	U3A in London	Barbara Stevens (T)			
40	Upminster				
41	Waltham Forest	Christine Farnes, Barbara Humm	1+1		
42	Wandsworth				
43	Wanstead & Woodford	Ron Prince, Jan Martin	1+1		
44	Welling	Maria Guest-Naharnowicz	1		
<b>TOTALS</b>		Participants online at peak: some who had not registered) 33; 29 People registered: u3as represented on the day: 22 out of 43 (48%) Apologies received from members: 4 u3as covered by apologies: 4 u3as active: 22 (20+ 3); u3as inactive (no response): 10 Attendance up since last meeting.			

\*Duplicates not counted in totals